

# YOUR JOURNEY STARTS HERE

Summer 2025 Camps, Clinics & Leagues

508.543.2626 | Foxboro, MA | www.masspremiercourts.com

## THE JOURNEY CONTINUES AT THE NEXT LEVEL.

All Camps & Clinics are available to both Boys & Girls! For pricing, please visit www.masspremiercourts.com

### **JUNIOR BALLERS**

**Junior Ballers I** Junior Ballers II Junior Ballers III Junior Ballers IV Full Day: 9:00 am - 3:00 pm July 7-12 (M-F) July 14-18 (M-F) August 11-15 (M-F) August 18-22 (M-F) Half Dav: 9:00 am - 12:00 pm **GRADES K-3** 

Mass Premier Courts is thrilled to take the Junior Ballers program that has become extremely popular throughout the year, and turn it into 3 week long basketball clinics in Summer 2025! Players will learn fundamental skills such a passing, ball-handling, and shooting. They will also participate in contests, games, and competitions that will test their skills in a fun-filled atmosphere. Players will compete in our full court 3 on 3 basketball games that have been a staple of the program. 3 on 3 full court games allow players a great amount of space to operate and experience success on the court!

### **BOYS & GIRLS SUPER WEEK**

#### **GRADES 4-12**

#### **Girls Super Week**

July 14-18 (M-F) Full Day: 9:00 am - 3:00 pm

MPC is proud to bring back our most popular all Girls Camp in Girls Superweek. Come learn from our MPC staff on key basketball skills like ball handling, shooting, finishing, and footwork in a fast paced and fun environment. The girls will be put through many different skill development drills as well as be put in game play situations that will help them grow their overall basketball IQ and understanding of the game!

#### **Boys Super Week**

July 21-25 (M-F) Full Day: 9:00 am - 3:00 pm

Our most consistent Boys Camp is back in Summer of 2025. Sign your son up today to give him the opportunity to take his game to the next level. Our staff will drill the boys on all facets of basketball and help them to become more complete players. The boys will participate in skill-development drills as well as live game play to give them the full basketball experience this summer!

10% Sibling Summer Discount for Full Day Summer Camps!

### **SPECIALTY WEEK**

#### **Specialty Week**

### GRADES 4-9

August 11-15 (M-F)

This week is a combination of the Frontcourt, Backcourt and shooting Clinics. Signing up for the entire week allows a player to attend each of the specialty clinics for the week at a lower price.

#### **Shooting Clinic**

#### August 11 & 12 (M & T)

Two full days of shooting instructions with daily games and competitions. This clinic will focus on teaching players proper form, footwork and shooting mechanics. There will be focus on shooting off the catch as well as off the dribble.

#### **Backcourt Clinic**

#### August 13 & 14 (W & Thur)

The Backcourt Clinic will focus on guard play including ball handing moves to create space with the dribble. Daily games and competitions.

#### Frontcourt Clinic

#### August 15 (F)

The Frontcourt Clinic teaches players how to play with their back to the basket. Players will learn post moves, how to get position, screening and rebounding.

**Combo of Shooting & Backcourt** 

August 11-14 (M-Thur)

**Combo of Backcourt & Frontcourt** 

August 13-15 (W-F)

MPC has very strict guidelines that will be supported by the state, board of health and our own ideas on how to best service customers in our space in the safest manor possible. We will keep following more guidelines to ensure the safety and health of all parties.

### **HORNET HOOP CLINIC**

This clinic is open to all towns! Must register in advance!

#### Hornet Hoop Clinic I Hornet Hoop Clinic II Boys Entering Grades 4th-8th

June 24-27 (M-Thur) August 18-21 (M-Thur)

#### Full Day: 9:00 am - 3:00 pm

Register before June 11th and get \$75 OFF! Must be a Mansfield resident, email cj@masspremiercourts.com for the promo code.

The Hornet Hoop Clinic is designed to teach the skills and philosophies that have helped turn Mansfield basketball into a Division 2 power house. The clinic will be run by current and former high school players along with current high school staff. Throughout the 4 days the clinic focuses on drills, competition and game play that we use to build a high level team year and year out. We offer awards to the top players in different categories and spend a lot of time teaching how to improve. Over the course of the week coaches will discuss transition, half court offense, defensive principles and being an overall competitor. Our philosophy at the high school is space and sharing the ball and on defensive remove space while being a good team defender. These ideas are the core of our success and we use them to direct a lot of the drills and concepts taught during camp.





## **X FACTOR TRAINING**

### **BASKETBALL PLAYER DEVELOPMENT**

### X FACTOR IS FOR YOU IF:



10+ years old



Practice on your own





"I couldn't be more blessed to be apart

I can't thank Rocky, Jimmy and all the

other coaches enough for dedicating

so much of their time in making me

of such a special group of people.

"Training with Rocky and the X factor team has brought my mindset and overall game to the next level. Without them, I wouldn't be the person and player I am today."

CLARD

BRUCE SAINTILUS SENIOR, CLARK UNIVERSITY '25



the best player I can be!"

KATELYN MOLLICA Senior, Babson College '25





## BASKETBALL LEAGUES

MPC has a league for your player! Join as a team or an individual player. These leagues will offer a mix of fun, instruction, skills and drills!

We will focus on fundamentals and new skill development with equal play time for players.



## BOYS & GIRLS HIGH SCHOOL LEAGUESV, JV, FBOYS & GIRLS MIDDLE SCHOOL LEAGUESGRADES 5-8

High School and Middle School basketball leagues give your player and opportunity to sharpen their ball handling, passing, and shooting skills, and build confidence on the court. 20 minute running halves (stop time last minute of first half and last 2 minutes of the second half).

All games are officiated by 2 certified IAABO officials and will be scored by a Mass Premier Courts score keeper. Teams must be from the same town or school district. No AAU teams or Club teams. Enter your team or sign up as an individual.

#### **MEN'S LEAGUE**

The Men's League will be held on Tuesday or Wednesday nights and consist of 8 games plus playoffs. All games are two twenty minute halves with running time. The clock will stop the last minute of the 1st half and the last two minutes of the 2nd half. All games are officiated by certified officials and use a full size scoreboard with a Mass Premier scorekeeper.

## **VOLLEYBALL LEAGUES**

### SUMMER VARSITY & SUB VARSITY HIGH SCHOOL VOLLEYBALL LEAGUES

**VARSITY GIRLS VOLLEYBALL LEAGUE.** Games will be timed 60 minutes including warm-ups. Teams will play best of three sets OR 60 minutes running time, whichever ends first. 8 matches (this includes one play-off match).

This is a TEAM registration only. Please go to www.masspremiercourts.com to view dates and times. Any questions email volleyball@masspremiercourts.com.

- \* These camps must comply with regulations of the Mass. Dept. of Public Health and be licensed by local Board of Health.
- \* Customers may request copies of background checks, health care and discipline policies, and procedures for filing grievances.

### HIGH SCHOOL VOLLEYBALL LEAGUES

#### **Individual Sign ups**

Girls who are not playing on a Varsity or Sub Varsity Summer League Team and want to participate may sign up as an individual and will be placed on a team, based on evaluation day (TBA).

### MIDDLE SCHOOL VOLLEYBALL LEAGUE

#### Girls Grades 7th & 8th and advanced 6th

The Summer Middle School Volleyball League runs on Monday nights! This league is for 7th/8th grade and advanced 6th grade girls interested in playing the sport of volleyball. This League will begin in June and last 8 weeks. The program is one night per week, games only (no practices).

Do you have a more experienced 6th grader? Your player can play in this league.

Please go to www.masspremiercourts.com to view dates and times. Any questions email volleyball@masspremiercourts.com.

## VOLLEYBALL BACK TO BASICS VOLLEYBALL CAMP

#### **Boys & Girls Grades 4th-9th**

July 7-10 (M-Thur)

Four Full Days: 9:00 am - 3:00 pm After Care: 3:00 pm - 4:30 pm

During each session, players will work on serving, passing, setting, hitting and defending through a variety of drill work. This fundamental focus of the basic skills of the game will help every player prepare for their future in our sport.

Early Drop Off or After Care? Visit our website for all the details.

### **SUMMER JR SPIKERS CAMP**

Boys & Girls Grades 2nd-6thFive Full Days:9:00 am - 3:00 pm ORAfter Care:3:00 pm - 4:30 pm

August 4-8 (M-F) Half Day: 9:00 am - 12:00 pm

We create an atmosphere of fun and learning for the beginner volleyball player! Beginners learn basic skills in an encouraging environment! This camp will use a lower net, Volley-Lite volleyballs which are regulation size but lighter weight that allows those age 12 and under to develop their skills. SPOTS ARE LIMITED!

### **24 SUMMER JR SPIKERS CLINIC**

Boys & Girls Grades 1st-3rd & 4th-6th

#### Thrusdays 5:00 pm - 6:20 pm

June 19, 26, July 10, 17, 24, 31, and August 7

Beginners learn basic skills in an encouraging environment! This clinic will use a lower net, Volley-Lite volleyballs which are regulation size but lighter weight to allow those age 12 and under to develop their skills. Athletes will work on their coordination skills and learn the fundamentals of serving, passing, setting, and hitting! Space is limited, register soon!

Early Drop Off or After Care? Visit our website for all the details.

For more information or any questions please email: Volleyball Director volleyball@masspremiercourts.com.

### **VOLLEYBALL CAMP**

### Boys & Girls Grades 7th-12thJuly 28-August 1 (M-F)Five Full Days:9:00 am - 3:00 pmAfter Care:3:00 pm - 4:30 pm

The Mass Premier Volleyball Camp returns for the 18th consecutive summer. Emphasis will be on fundamental skills, movements and techniques for beginner, intermediate and advanced players. Our coaches will be utilizing current teaching techniques and progression drills to enhance our athletes' skills and prepare them for competitive volleyball. Players will be separated by age and ability.

Early Drop Off or After Care? Visit our website for all the details.

### YOUTH VOLLEYBALL CAMP

#### **Boys & Girls Grades 6th-9th**

August 4-8 (M-F)

 Five Full Days:
 9:00 am - 3:00 pm

 After Care:
 3:00 pm - 4:30 pm

At the Mass Premier Youth Volleyball Camp our staff of coaches will provide instruction to help improve your game. Emphasis will be on fundamental skills, movements and techniques for beginner and intermediate players in grades 6-9. Coaches will be utilizing current teaching techniques and progression drills to enhance our athletes' skills and prepare them for competitive volleyball. Players will be separated by age and ability.

Early Drop Off or After Care? Visit our website for all the details.

### **PRIVATE VOLLEYBALL LESSONS**

#### Boys & Girls Grades 4th-12th

Lessons are offered depending on the availability of coaches and court space. These lessons are dictated by the athlete's interest in developing specific skills necessary for gameplay. Skills that can be worked on include serving, hitting, passing, and setting. Register on our private lesson website at mpcvolleyballtraining.gymdesk.com.

For more info email the Director of Volleyball at volleyball@masspremiercourts.com.

## VOLLEYBALL **PREPARE FOR VOLLEYBALL TRYOUTS**

#### Boys & Girls Grades 9th-12th

August 11-14 (M-Thur)

Volleyball Tryout Prep I 5:00 pm - 7:00 pm Volleyball Tryout Prep II 7:00 pm - 9:00 pm

Welcome to 2025 Prepare for High School Volleyball Tryouts! Get into volleyball shape and impress your coach at tryouts! This program gives hopeful High School players a great opportunity to fine tune their skills prior to their school's tryouts. Players will work on fundamentals, fast paced drills, volleyball conditioning, and game play,

### **SATURDAY MORNING VOLLEYBALL SKILLS & DRILLS**

Girls Grades 5th-12th June 21, 28, July, 12, 19, 26, August 2, 9 Elite: Varsity players with club experience 8:20 am - 9:40 am Intermediate: High School 9th-12th Grade 9:40 am - 11:00 am Beginner: 4th-8th Grade 8:20 am - 9:40 am

Players may be moved to a different session at coaches' discretion.

During each beginner/intermediate session, players will work on serving, passing, setting, hitting and defending through a variety of drill work. Players will be divided up by skill level. This is a great clinic to improve your game!

### **VOLLEYBALL SPECIALTY** WEEKLY SESSION

Boys & Girls Grades 7th-12th June 19, 26, July 10, 17, 24, 31 August 7 Time: 6:20 pm - 7:40 pm or 7:40 pm - 9:00 pm

The Specialty Weekly Sessions is focused on different aspects of the game weekly. Join us to work on your skills to tune up your game leading up to tryouts! These sessions take place on Thursday nights.

## K-4 BASKETBALL PROGRAMS

#### **JR BALLERS**

**GRADES K-3** 

Junior Ballers I Junior Ballers II Junior Ballers III Junior Ballers IV July 7-11 (M-F) July 14-18 (M-F) August 11-15 (M-F) August 18-22 (M-F) Half Day: 9:00 am - 12:00 pm

Full Day: 9:00 am - 3:00 pm

Mass Premier Courts is thrilled to take the Junior Ballers program that has become extremely popular throughout the year, and turn it into 2 week long basketball clinics in Summer 2025! Players will learn fundamental skills such as passing, ball-handling, and shooting. They will also participate in contests, games, and competitions that will test their skills in a fun- filled atmosphere. Players will compete in our full court 3 on 3 basketball games that have been a staple of the program. 3 on 3 full court games allow players a great amount of space to operate and experience success on the court!

### JR BALLERS ADVANCED LEAGUE

#### Boys & Girls Entering 2nd & 3rd Grade (Individual Registration)

Players that would like to continue working on their skills in a more competitive environment. They will shoot on the 8.5-foot rim and use the 27.5 ball to encourage proper skill mechanics. This is more advanced then the K-3rd grade Jr Ballers program we run. This league continues 4 on 4 play to encourage lots of touches and more space on the floor.

Players will receive a 10 minute warm-up/practice period, before they begin 40 minute games. This is the perfect way for your 3rd Grader to be introduced to organized basketball game play – perfect for all Junior Ballers veterans! Volunteercoaches are welcomed! Hoop height 8.5 feet (27.5 ball). Coaches will officiate and keep score.

Players will receive a 10% discount to both programs if they sign up for both the Junior Ballers and Jr Ballers Advanced League. Email cj@masspremiercourts.com for Promo Code.

Please go to www.masspremiercourts.com to view dates and times. Any questions email basketball@masspremiercourts.com.

### K-4 BASKETBALL PROGRAMS

#### **4TH GRADE LEAGUE**

#### Boys & Girls Entering 4th Grade (Individual or Team Registration)

MPC will be offering this league which will give your player or team the chance to step onto the court in a 5 on 5 atmosphere, where they will work with our experienced staff on not only skills, but real life game concepts. When league play opens up-players will receive a 30 minute warm-up/practice period, and the remainder of the time will be game play. Each game will have 1 certified official. Perfect for all Junior Baller veterans! Volunteer coaches are welcomed! Hoop height 10 feet (28.5 ball for boys & 27.5 ball for girls) 20 players per session. This league is for current 3rd graders.

HOOP HEIGHT: Hoop height 10 feet (28.5 ball for boys & 27.5 ball for girls)

### **METROWEST GRADE 2ND-3RD TEAM LEAGUE**

In coordination with Metrowest, this division is offered to second & third graders, for the 2025 Winter basketball season. This league is for DEVELOPMENTAL purposes.

Game times will vary based on availability of gyms, four 8 min quarters/one game per week, max 15 scoring/Metrowest modified rules, 8.5 height rims/27.5 size basketball, one IAABO official, 4 on 4 games to encourage more spacing and more touches per player.

Officials will be given instruction to allow minor violations, Metrowest modified defensive rules will be in effect. (no zone, press or double teaming), NO stealing the ball from a player who has control. You may steal the pass or a lost dribble.

Please go to www.masspremiercourts.com to view dates and times. Any questions email basketball@masspremiercourts.com.

### **WEEKLY BASKETBALL PROGRAMS**

#### JR BALLERS WEEKLY CLINIC Boys and Girls / Grades K-3

Junior Ballers is very fundamental based and its purpose is to teach proper mechanics and provide each individual with an understanding of how to practice and get better on your own. This is a great way for your child to stay active in the sport and learn new, fundamental ways to fine tune their skills and develop better habits on the basketball court.

### WHAT TO BRING

Money for drinks, snacks, and lunch at the concession stand OR bring your own.

Appropriate gym attire including a t-shirt, shorts, AND sneakers.

To prevent items from being lost or damaged, campers do *NOT* need to bring basketballs or other valuable items to camp.

### **CAMP STAFF**

We have assembled a staff of high school and college coaches to provide the best possible instruction for our campers. Current college and high school players will serve as camp counselors. Background checks are done through the CORI/STUDIO process for all camp staff. The staff will focus on fundamentals while providing a safe learning environment for players to learn and enjoy the great game of basketball.

### **PREVIOUS CAMP & CLINIC STAFF**

Dan Nagle - *Nichols College* Andy Carl - *Attleboro HS* Ryan Henry - *Attleboro HS* David Bostick - *MCLA* Dan Langmead - *Norton HS* Bobby Introini - *Mansfield HS* Mike Adams - *Xaverian Brothers HS* Alycia Gervais - *Dean College* Amy Siggens - *Taunton HS* Nikki Correia - *North Attleboro HS* Tyler Barbosa - *Kickemuit Middle School* Kyle Valenzuela - *Highlander Charter School*  Varsity Girls Asst. Varsity Boys Asst. Varsity Boys Head Women's Basketball Varsity Girls Asst. Varsity Boys Asst. Varsity Boys Head Women's Basketball Varsity Girls Varsity Girls Head Boys Head Varsity Coach Boys

For pricing, please visit www.masspremiercourts.com

# A TYPICAL CAMP DAY

9:00 - 9:05 am 9:05 - 9:15 am 9:15 - 9:25 am 9:25 - 10:30 am 10:30 - 10:45 am 10:45 - 11:00 am 11:00 am - 12:00 pm 12:00 - 12:45 pm 12:45 - 1:00 pm 1:00 - 1:05 pm 1:05 - 1:20 pm 1:20 - 1:40 pm 1:40 - 2:00 pm 2:00 - 2:55 pm 2:55 - 3:00 pm 3:00 - 3:15 pm 4:30 pm

HALF

DAY

FULL

DAY

8:00 am

8:45 - 9:00 am

**Early Drop Off** Check In, Attendance, Free Shooting **Opening Remarks Full Court Drill Dynamic Stretching Skills and Drills Stations Fast Break Team Practice** Games Lunch Individual Instruction, Free Shooting Attendance Lecture Lecture Breakdown Drills 1 on 1, 2 on 2, or 3 on 3 Tournaments **Afternoon Games Closing Comments** Parent Pick-Up and Sign Out Late Pick-up

#### **REGISTER ONLINE AT WWW.MASSPREMIERCOURTS.COM**



@masspremiercourts.com

### **EARLY DROP OFF**

8:00 am No additional charge Available each morning of our camps and clinics. Please call ahead.

### LATE PICK UP after 3:30 pm

(latest pick up 4:30 pm)

\$7/day or \$30/week Please indicate which days you will be picking up late during registration.

### **CAMPER GROUPINGS**

Campers are grouped according to gender, grade, and ability. The camp staff reserves the right to move players based on their ability to ensure that each camper has the best possible competitive learning environment.

- \* This camp must comply with regulations of the Mass. Dept. of Public Health and be licensed by local Board of Health.
- \* Customers may request copies of background checks, heath care and discipline policies, and procedures for filing grievances.

### **CANCELLATION INSURANCE**

Mass Premier Courts will only refund those players who are injured and have a doctor's note indicating why they cannot attend camp/clinic. For an additional \$25 per camp, you can purchase cancellation insurance which allows participants to receive full reimbursement, excluding the insurance fee. You can purchase cancellation insurance with online registration.

The following rules must be adhered to:

- 1. Cancellation insurance **MUST** be purchased at the time of registration. It cannot be added at a later date.
- 2. All payment must be met in order to received reimbursement.
- 3. The cost of cancellation insurance will not be refunded.
- Mass Premier Courts must be notified by email or phone no later than the first day of the camp that you are registered.
- 5. Once the clinic begins, refunds will not be issued. NO EXCEPTIONS.

#### **REGISTER ONLINE AT www.masspremiercourts.com**



Mass Premier Courts 97 Green Street Foxboro, MA 02035

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